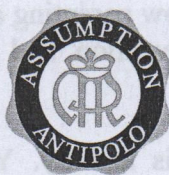


VISION

A Christ-centered school community
growing in the love and friendship
of Jesus Christ in His Church
and striving for peace
in the social and ecological order



MISSION

We, in Basic Education, commit ourselves –
to Transformative Education
as a Christ-centered school community
dedicated to the integral formation of persons
empowered to promote justice, peace,
care for creation and solidarity.

Serve joyfully with boundless love.
School Thrust 2019-2020

November 15, 2019

Dear Parents and Guardians,

Mental health concern among young people has never been as grave as it is today. With the Guidance Center in the forefront, Assumption Antipolo has aptly adapted concrete measures to ensure the well-being of our students. Part of these measures is an active mental health awareness campaign for all members of the school community. In this light, this school year's Parenting Talk has the theme **"Parenting and Mental Health."**

The talk is scheduled on **November 30, 2019, Saturday, 8:00 to 11:30 am** and will feature two simultaneous talks, namely:

Parenting Talk #1: Lifeline: Nurturing A Child's Mental Health Through Parenting
Speaker: Dr. Grace Brillantes - Evangelista, Ph. D. (Clinical Psychologist)
Venue: Mini-Theater
Target Participants: Preschool and Elementary parents

Parenting Talk #2: Understanding Mental Health in Adolescents
Speaker: Dr. Erlinda Susan Cuisia - Cruz, M.D. (Adolescent Medicine Specialist)
Venue: High School Penthouse
Target Participants: High School parents

REPLY SLIP

(Please submit on or before Nov. 22, 2019)

- ☐ Yes, we will attend the Parenting Talk on Nov. 30, 2019. Please reserve ____ seats for us.
- ☐ Yes, I will attend the Parenting Talk on November 30, 2019.
- ☐ Sorry, we will not attend because _____

Parent's Name and Signature

Name of Student

Level & Section

The talk is meant to increase our awareness on how parenting and family interactions impact our children's mental health. Awareness leads to prevention, and as the saying goes, "*An ounce of prevention is better than a pound of cure.*"

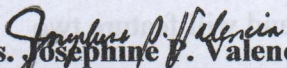
We highly encourage you to participate in this activity. You may also bring along other significant adults in the life of your child/children.

The program is as follows:

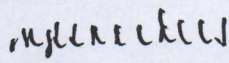
7:30 - 8:30	Registration (bread, coffee, juice will be served)
8:30 - 9:00	Opening Ceremonies
9:00 - 10:00	Talk
10:00 - 10:15	Health Break (with light snacks)
10:15 - 11:00	Question and Answer
11:00 - 11:30	Closing Ceremonies

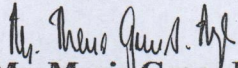
We look forward to your presence and continued support.

Sincerely yours,


Ms. Josephine P. Valencia
Guidance Center Head

Noted by:


Ms. Maria Luz P. San Andres
Director for Student Affairs and Services


Ms. Marie Grace B. Magtaas
School Director

REPLY SLIP
(Please submit on or before Nov. 22, 2019)

☐ Yes, we will attend the Parenting Talk on Nov. 30, 2019. Please reserve _____ seats for us.

☐ Yes I will attend the Parenting Talk on November 30, 2019.

☐ Sorry, we will not attend because _____

Parent's Name and Signature	Name of Student	Level & Section
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