

VISION

A Christ-centered school community
growing in the love and friendship
of Jesus Christ in His Church
and striving for peace
in the social and ecological order



MISSION

*We, in Basic Education, commit ourselves –
to Transformative Education
as a Christ-centered school community
dedicated to the integral formation of persons
empowered to promote justice, peace,
care for creation and solidarity.*

Serve joyfully with boundless love.
School Thrust 2019-2020

July 16, 2019

Dear Parents, Guardians and School Personnel,

Cases of Hand, Foot and Mouth Disease have already been documented in our school clinic. Although the number is still very minimal, occurrences of this illness can also be noted even outside of our community. Thus, we are releasing this circular to alert you regarding this infectious condition and hopefully help us in preventing further spread of this disease.

Facts about Hand, Foot and Mouth Disease

- It is a common viral infection which is usually a mild disease with or without low-grade fever. It generally affects younger children but may be seen in adolescents and occasionally in adults.

- Signs and symptoms are:
 - fever
 - loss of appetite
 - inflamed throat
 - ulcers/sores in the mouth
 - skin rash which may appear as flat or raised red spots, vesicles or sometimes with blisters that may occur on the hands, fingers, feet, buttocks or groin (hands are more commonly involved than the feet)

- HFMD is spread from person to person through direct contact with nose and throat discharges, saliva, blister fluid or the stools of an infected person. It is not transmitted to or from pets or other animals. HFMD is commonly confused with foot-and-mouth disease of cattle, sheep and swine. However, the two diseases are caused by different viruses and are not related.

Please see next page.

REPLY SLIP



Class Number

- We have received the letter from the School Clinic regarding Advisory on HFMD.

Student's Name

Level & Section

Parent's Signature

- There is no specific treatment other than relief of symptoms (pain relievers and medicines for fever). Antibiotics are not recommended and complete recovery is expected in 5-7 days.
- Prevention
 - Wash hands regularly with soap and water.
 - Avoid close contact with people who are infected with hand, foot and mouth disease.

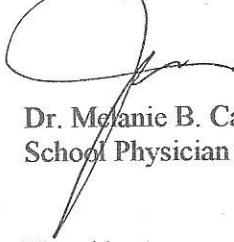
If you have noted any of the above-mentioned signs and symptoms in your children, please do not allow them to go to school anymore. Bring them immediately to your pediatrician or family physician for evaluation and advice. A medical certificate will be required from the student once she returns to school.

May we also request that you do not send your children to school if they have a complaint of fever on the previous day or night so that they can be further observed. Most of the infectious diseases are already contagious a few days before symptoms or rashes are even visible. You may coordinate with the teachers for make-up of your daughter's absences and missed schoolworks.

The school continues to comply with its obligation in cleaning and disinfecting our community especially in the areas of concern. Let us remind our children to practice strict handwashing with soap and water which is the simplest and most effective measure to being healthy.

Thank you very much for your attention and we are hoping for your cooperation.

Sincerely yours,

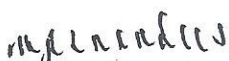


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Noted by:



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